# INTRODUCTION

#### Goal

 To follow youth over 3 years who are trained for workforce integration by a group of organizations and to obtain information on whether their circumstances are improving economically, socially and psychologically

## **METHODS**

### **Approach**

- Longitudinal, quantitatively driven, mixed methods study
- Recruited participants into the project from Sept 2017 to Dec 2018
- After baseline survey, we follow-up with participants after six months, one year, two years and three years (in-process)
- A small portion of participants (5%) also interviewed throughout the project (in-process)

#### Baseline Sample

- 621 youth between 17 and 35 yrs old who are in employment or skills training programs in Ontario
- The youth participated in training facilitated by 8 partner organizations
  - 4 SEs, 4 traditional training programs

Six month follow-up (response rate from BL)

• Non-SE: 57%; SE: 58%

One year follow-up (response rate from BL)

• Non-SE: 52%; SE: 53%

### PRELIMINARY FOLLOW-UP FINDINGS

#### At 6-months and 1-year follow-up:

- Slight overall reduction in some measures of vulnerability for SE group (e.g., foodbank use, housing)
- SE participants were accessing in greater proportion certain support services still through the training organization (e.g., certification support, housing support, health services, counselling support), as compared to the non-SE group
- Greater reduction in proportion of SE participants experiencing different instrumental employment barriers at follow-up, as compared to changes among the non-SE participants
- At 1-

